

## Unuhren (Unclocks)

The *Unuhren* are not entirely new in my work – but they are as topical as they can be. At the time, I was very concerned with how we all deal with our time, how we deal with ourselves. With our lives.

In the meantime, it hasn't gotten better, but worse.

A friend recently wrote to me: "Would it be good if the clock had 48 hours? It certainly wouldn't help us – or anyone. In no time at all, this time would be too short again, etc. Exponential growth would see to that.

No, nothing outside of us can help us!

We would automatically close this gap ourselves, completely innocently and unconsciously. As long as we live! More and more is added, we take on more and more, effortlessly! We look outwards.

How do others do it - how do we do it? What is expected of us? What do we expect of ourselves?

We all have the same amount of time. We all have 60 minutes in an hour. Nobody regards this as a value, as a possession, but from the outset as a deficit, as insufficient equipment for life. The good Lord has done something wrong!

Nature around us has its rhythms, the plants, the animals. Everything unfolds naturally and silently. Everything in nature has enough time - because time does not exist. We invented it.

The clock is our most important instrument for structuring the chaos, the nothingness. It makes us believe that life is linear, from birth to inevitable death. And then onto a new one. It does not believe in the idea of the simultaneity of everything.

Newborns are familiarized with the clock as quickly as possible. They too should/must function so that there is no gap between the thinking and experiences of the generations.

It is the inventor of cancer, stress and heart attacks and also of progress.

Now I'm leaving the subject of clocks and time. It's about employment.

No one can be without work, otherwise they will fall into nothingness. You can choose your occupation. Not all, but most, if the parents don't object. Sometimes you have to take over your father's job, whether you like it or not.

A closely guarded secret: the activity must/should be fun. We only do well what we enjoy doing.

It is said that everyone has a special talent, something that no one else has or can do. It is essential to recognize and discover this. That is our task in life. Developing it and contributing to the whole is our task and is the wealth of humanity as a whole. This is how the professions that we may then practise for the rest of our lives are created. How do we discover our special abilities? We should take seriously what comes easily to us, what we enjoyed early on. That is the way forward.

In my generation – after the Great War – the seriousness of life was writ large. Back then, fathers ruled, authoritarian, contemptuous of women. It wasn't allowed to be fun, the work to be done was serious. It was only very late in life that I learned and understood that it is a prerequisite for a successful life that you enjoy what you do every day. That you have a right to enjoy what you do and to enjoy yourself as the person who does it. This is how we find out who we are and the echo of the outside world confirms us

My fathers (biological father and the teachers, professors) were serious, strict and humorless. They were by no means happy and did not love themselves. They were strained and overwhelmed by their role as men in the family, in the community and in the state.

Ursula Sax, January, 2025